

## Fact File

## My guidance for attempting to break the world record for the Tallest alternating coffee cup tower in one minute

Hey! Don't throw away that cup. If you drink enough coffee, you too could collect a stack of disposable cups to make a tower as I did. Then all you'd need to do is check the rules and apply your cup-stacking skills. I think this is easy. But depending on who has the world record by then, it might be more of a challenge than you think.

To start, gear up for a few rules, such as:

- use the correct sized cups.
- only use one hand.

So what are you waiting for? Drink up, wash your cup, and come back to it when you have enough others like it. Oh, one more thing... when you've finished your attempt, recycle your cups.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.