

## Fact File

## My guidance for attempting to break the world record for the Furthest distance to blow a Malteser with a straw

You've got to love blowing little round objects to do this. The great thing about this world record attempt was that I had chocolates to share with my team directly afterwards – a kind of celebration of my antics. Put that treat together with the satisfaction of seeing how powerful your blow is, and you might just be feeling great. But you'll have work to do, let me warn you...

To start, gear up for a few rules, such as:

- do this on a level surface.
- have witnesses present.

Find yourself a level floor. And when I say level, I mean as flat as can be. Then get your team ready and be prepared to blow your little lungs right out of your mouth.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.