

Fact File

My guidance for attempting to break the world record for the Furthest coin flick

Some people love flicking things. They flick crumbs off the dinner table, ants off the kitchen work bench and mosquitoes off their arms. If you're one of these "flick-mad" types, then you might have found a little fun. But what you've got to remember is that enjoyment sometimes comes from hard work – hard work for your finger, that is.

To start, gear up for a few rules, such as:

- use a current coin.
- have people watching.

Find yourself a suitably open area, and one that's level. Then start flicking that finger: flick the air until it hurts. Because that's the sort of commitment you'll need to take on this challenge.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.