

## Fact File

## My guidance for attempting to break the world record for the Furthest champagne cork spit

If you want to be famous, you'll need to be happy swallowing dirt, spitting on everything in front of you, and not be bothered by those who laugh at you. That's if you try this one. I did it, and I'm happy. It was fine, and it became easier as I practised. So there's no reason you too can't perform well at this world record attempt. Get yourself a wine cork, and be prepared to spit and spit and spit.

To start, gear up for a few rules, such as:

- use a level surface.
- have plenty of spectators.

I hope you can open your mouth wide, because you don't want your teeth to stop the cork leaving your mouth at top speed. Open wide. Pull your tongue out of the way and empty those lungs using every muscle in your chest. Good luck!

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.