



Fact File

My guidance for attempting to break the world record for the Most chopsticks snapped in a minute

Some people have simply got to break stuff. Rip stuff. Snap stuff. Well, if you're one of them, then you may have found your challenge here. Have you ever broken chopsticks at flying speed? If you haven't, then why are you sitting here reading this. Get out there and do it.

To start, gear up for a few rules, such as:

- use regular chopsticks.
- have witnesses there.

But please, for the sake of nature, don't buy new chopsticks to snap because now you know that some of them were once part of the Amazon forest. Whatever you do, I'll be thinking of you and your sore forearms. Have a lovely time.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.