

## Fact File

## My guidance for attempting to break the world record for the Most CDs balanced on one finger

This was tough, I found out. If you think you can easily balance a stack of CDs on your one finger, then I'd like to hear you say you can beat me. I also noticed how heavy a dozen CDs really are... and how stiff I had to hold out my finger to keep them on it.

To start, gear up for a few rules, such as:

- use only one finger.
- balance the pile properly.

Many people would rather watch TV after their dinner, I'm sure. But as for me, I'd prefer to be playing with CDs any night of the week.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.