



## Fact File

### **My guidance for attempting to break the world record for the Longest potato peel**

Why not prepare your dinner in a novel new way – with me there! Or, better still, you try this. Instead of wasting the potatoes from this world record attempt, we cooked and ate them. That's the nice thing about food-related world records... people get to eat the results or the by-products. I wouldn't have my dinners any other way if possible.

To start, gear up for a few rules, such as:

- get the correctly sized potato.
- use the right type of potato peeler.

Preparing food for world record attempts is so much fun. It beats many other pastimes and I love it. You might too.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

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*Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.*