



## Fact File

### **My guidance for attempting to break the world record for the Most vinyl records smashed in 30 seconds**

Wriggle those wrists as if its your last chance, because you're going to need the flexibility of an acrobat. If you don't feel bad about smashing what was once a cherished musical pleasure to somebody, then this could be something you'd consider. But, you've got to be prepared to take responsibility for the things you bring about – like sending bits of needle-sharp vinyl flying through the air.

To start, gear up for a few rules, such as:

- break the records one at a time.
- have a timekeeper present.

You've got goggles? I'd recommend them because split vinyl is very sharp. Please, don't attempt this where young ones play, and make sure you clean up. That's always good behaviour – even if you heard it from a crazy fellow like me.

Still keen? [WorldRecordChase.com](http://WorldRecordChase.com) is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

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*Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.*