



Fact File

My guidance for attempting to break the world record for the Most stamps licked in one minute

If you think this is easy, think again. But it's rewarding, I will admit. If you've got spare cash lying around then you could spend it all buying stamps. In fact, you're going to have to because without them, you're going nowhere.

To start, gear up for a few rules, such as:

- use commercial stamps.
- have timekeepers present.

My tongue was lined with fine cuts afterwards, but in a strange way, to me that was the taste of success. I'd do this again. Perhaps one thing that made it easy for me was I didn't care that the public were watching me slobber liberally as I went. I couldn't care less because I am sure they'd do the same. After all, it was just my bubbly saliva on show for everyone to see or look away from.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.