



Fact File

My guidance for attempting to break the world record for the Largest bowl of soup

So, you want to try this. Right! Get yourself into work mode and set aside the rest of your commitments, because you won't be doing much else for about a year. Then, whether your attempt is successful or not, set aside another two months to shut down the event – and don't forget to thank every single soul who helps with even the smallest of things.

To start, gear up for a few rules, such as:

- find – or make - one pot to cook it all in.
- plan to use all the ingredients in their normal proportions.
- arrange a surveyor and health official to certify the meal as totally safe for all.

You've got that all planned? Now you can begin setting up the public event and all its requirements, arranging food-grade trucks or other means of transporting the hot soup, and getting as much media as possible to promote the event so people come along. And don't forget to meet all local government regulations or have a backup plan for when things go wrong at the last minute.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.