



## Fact File

### **My guidance for attempting to break the world record for the Tallest silverbeet plant**

You'd better love gardening, because succeeding at this one will test your patience. Be prepared to sacrifice anything – from your favourite TV show to your intimacy, for your beloved plant. When it hails, don't shut the windows: run outside to check on your silverbeet. When the wind gusts, dash out, fully dressed or otherwise, to steady its stem. And when the plant-eating insects come out in full force, make sure you're out there with them in the dead of night. The only difference being you'd be stopping their fun.

To start, gear up for a few rules, such as:

- have an experienced horticulturist confirm all you do early on.
- scrutinise your plant to provide full evidence of its stature.

Ready? Now roll up your sleeves and start digging. It doesn't matter how much the gardening shop charges you, if you need it, buy it! The cost might affect you, but if you want the glory, do it properly.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

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*Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.*