



Fact File

My guidance for attempting to break the world record for the Most radio interviews in 24 hours

Feel like some mental exercise? Try working out over a hundred time zone calculations, many with confusing variations. Otherwise, just get smart and use the internet. Either way, this takes a lot of time. And I mean a lot. But if you've got the spare months and the energy, then remember that life is for living.

To start, gear up for a few rules, such as:

- collect interview proof.
- have witnesses present.

As far as I am concerned, this isn't what one could do as a casual project. It demands dedication. But I have beaten plenty of others at world records, so what's to say you haven't got the tenacity yourself? Give it some thought, but also think about what I've said regarding great effort.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.