



Fact File

My guidance for attempting to break the world record for the Most pegs held in the hand

Got a washing line? If not, what about a friend? Then all you need is right there. When I had the idea, I simply walked up to my clothes line and tried it. It was impossible to get hurt, I thought, so I was quite casual about it. The only thing that wasn't taking this easily was my hand; the muscles got tired before long.

To start, gear up for a few rules, such as:

- the pegs must be wooden.
- grab them one at a time.

If you want to contort your body to get a better grip on each peg, that might look funny. Of course, its your image that'd be affected if you chose to show off your acrobatic skills. Whether you want to do this or whether you'd rather stand still and approach the task simply, give it everything you've got. But – depending on the size of those hands you have – you might face slight competition. Have you checked the latest world record? I'm smiling.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.