



Fact File

My guidance for attempting to break the world record for the Most hair clips on the head in 30 seconds

If you're nearly bald, I wouldn't recommend this because you are sure to lose a few more hairs on your head. But if you've got a headful of hair, and you don't mind some stinging pain, maybe you'll like this one. It really is simple. Develop a speedy technique and keep trying until you reach a target you've set for yourself. It's that basic, really.

To start, gear up for a few rules, such as:

- use the minimum size clips allowed.
- make sure the clips are not on top of one another in your hair.

Can you do this? Then why not plan to set a day or two aside, giving yourself enough time to think it over thoroughly before you begin.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.