



## Fact File

### **My guidance for attempting to break the world record for the Most gloves worn on one hand**

If you could wear dozens of gloves at once, why just wear one? That's what I think, so I did something about it – I tried to wear nearly 50! Yes, it was painful, but, to me, nothing beats the feeling of getting another world record. I'd do it again any time.

To start, gear up for a few rules, such as:

- put the gloves on properly.
- put them on one at a time.

If you're up for a challenge, perhaps you could try this. But be aware that I might hear what you do, and I'm always keen to take up new world record opportunities as they arise. Whether you like this or not, do your best at whatever you choose to tackle.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

---

*Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.*