



## Fact File

### **My guidance for attempting to break the world record for the Most dominoes toppled in 30 seconds**

Lining up a collection of dominoes might be easy, but is it still that simple when you're under time pressure? Don't take my word for it. Put your skills to the test and find out for yourself!

To start, gear up for a few rules, such as:

- use the correct size dominoes.
- do it all within the prescribed time limit.

Think before you do this, because a little planning goes a long way. Which fingers should you use to get each domino to balance most easily? What pattern would be best to lay the upright dominoes in? Are you seated comfortably at your table? These are all factors you'll need to consider. Best of luck.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

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*Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.*