



Fact File

My guidance for attempting to break the world record for the Most dice stacked into a tower in one minute using the mouth

Think carefully about this one. I nearly did damage to my teeth when practising this attempt. In fact, I was so excited that I might get another world record, I did less planning than I ought to. But once I'd exercised a little ingenuity, things worked smoothly and before too many hours had passed, I'd succeeded. It was great going once I got it right.

To start, gear up for a few rules, such as:

- keep your hands behind your back.
- use only the permitted sized dice.

Watch your teeth, your lips and your head in general. I mean, what's a world record worth if the smiling record holder has bruised lips and a few chipped teeth from their efforts?

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.