



Fact File

My guidance for attempting to break the world record for the Most gloves put on one hand in one minute

This is so simple, I'd almost afraid to tell you about it in case you try! Get yourself some gloves and make the time to practise. If you can't succeed at this the first time, I'll be worried. You couldn't get it wrong if you tried, I think. But who am I to say?

To start, gear up for a few rules, such as:

- put gloves on one at a time.
- have witnesses present.

Just collect the gloves and sit down to do it with the others you'll need to be present.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.