



Fact File

My guidance for attempting to break the world record for the Most gloves worn on one hand

If you decide to wear one glove on a hand – as normal people do, then you won't have certain challenges. But if, like me, you are determined to wear as many of the things as possible at once, you've got to be realistic. You'll notice the difference. So be prepared. If this excites you, I suggest you start dreaming by looking down at those hands. Are they big or small, long- or short-fingered, narrow or broad? I didn't see the sense in asking myself these questions, but I soon realised how important they are when the gloves went on.

To start, gear up for a few rules, such as:

- all gloves must be commercial ones.
- pull them on properly.

Its easy to say so now, but truly, I enjoyed this challenge. Maybe you don't believe me. That's fine. You can, of course, find out for yourself if I'm telling the truth. I wonder what you'll think.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.