



## Fact File

### **My guidance for attempting to break the world record for the Furthest coin blow**

I can't speak for every coin the world over, but add this to your general knowledge: if you try to blow New Zealand coins, you'll be at it for hours. If this could be an achievement you'd cherish for life, start planning by going for a run. Yes! Go running, or swimming or do something to increase your lung capacity. Because if there's one thing I'm sure of, it is that you'll need all the breath you can squeeze out.

To start, gear up for a few rules, such as:

- use a coin in circulation.
- use a level floor.
- have witnesses present.

Have you ever seen a chimpanzee pulling faces? If you can stretch your lips like that, you'll be in a better position to aim your breath. And trust me, every bit counts. If you haven't been dizzy for a while, this will probably change that rather noticeably!

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

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*Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.*