



Fact File

My guidance for attempting to break the world record for the Most baseballs in the hand palm-down

If you know someone who can cover your fist with their open hand like a sheet of paper, then, I'm afraid to say, you might not be competition for this world record. That might sound a little harsh, but don't you think it is true? If you are thoroughly determined, go and buy some nice new baseballs and start stretching your fingers liberally. That is what I would do, because the winning fingers are going to need to grip these spheres in a specific way.

To start, gear up for a few rules, such as:

- use the specified baseballs.
- have timekeepers with you.

Keep placing the baseballs. Keep flicking your full hand over. Keep holding them steady. Watch out for your knees, though. If you don't believe me, give this a try sitting on a chair and you'll soon learn to keep your baseballs well away from your knees!

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.