



Fact File

My guidance for attempting to break the world record for the Fastest time to tie a Windsor knot

I see no point in looking good if you can't prove you're the best. And because I like showing off my skills, I did this. So next time I wear a tie, I'll be sure to ask all the other men present how fast they can get theirs on. As far as I'm concerned, anything over than 13 seconds isn't worth reporting.

To start, gear up for a few rules, such as:

- position your body correctly.
- neaten up your job fast.

I think challenges like this look easy. But when one tries, you really find out what's involved. If you're interested, I'll be watching to see if you can beat me!

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.